



State of Alaska
Department of Health and Social Services
Office of Fetal Alcohol Syndrome
P.O. Box 110609
Juneau, AK 99811-0609



Fetal Alcohol Syndrome in Alaska

Statewide Survey of Substance Abuse Counselors' Opinions And Field Experiences

We are seeking information from substance abuse counselors about their thoughts and experiences regarding alcohol use among their clients and Fetal Alcohol Syndrome (FAS). Your responses will be used to let policy makers know your views on the role of social workers in addressing Fetal Alcohol Syndrome among their clients, and to develop continuing education resources.

This survey takes 10 minutes or less to complete. Please return your completed survey in the enclosed, stamped envelope. Thank you for your time and expertise.

24. What kinds of support would be helpful to you in dealing with clients who have FAS?

23. In what year were you born? _____

22. What is your gender? ☐ Male ☐ Female

21. Does your work require that you travel to other locations besides your main work site? ☐ Yes ☐ No

25. What expertise or strengths do you have for dealing with clients who have FAS?

1. In your opinion, is it okay for a pregnant woman to have an occasional alcoholic beverage? ☐ Yes ☐ No ☐ No Opinion

2. What do you think is the most alcohol that a woman could drink during her pregnancy that would probably be safe for her developing baby?

	0 drinks during her pregnancy	1 or 2 drinks during her pregnancy	3 or 4 drinks her pregnancy	5 or more drinks during her pregnancy	Don't know
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. When do you think that a woman could drink during her pregnancy that would probably be safe for her developing baby?

	Never during her pregnancy	During her 1st trimester	During her 2nd trimester	During her 3rd trimester	Don't know
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. In your opinion, is it okay for a nursing mother to have an occasional alcoholic beverage? ☐ Yes ☐ No ☐ No Opinion

5. Do you think it's her own business if a woman drinks alcoholic beverages during her pregnancy? ☐ Yes ☐ No ☐ No Opinion

6. With the next five statements please indicate how likely it is that you would talk to a pregnant friend or relative about the effects of alcohol on a developing baby if:

	Highly Likely	Likely	Unlikely	Highly Unlikely	Don't know
a) Your friend or relative drank 1 or 2 alcoholic beverages during her entire pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Your friend or relative drank 1 or 2 alcoholic beverages a month during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Your friend or relative drank 1 or 2 alcoholic beverages a week during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Your friend or relative drank 1 or 2 alcoholic beverages a day during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Your friend or relative drank 5 or more alcoholic beverages on any one occasion during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THANK YOU FOR YOUR HELP.

YOUR COMMENTS AND SUGGESTIONS ARE IMPORTANT TO US. PLEASE FEEL FREE TO WRITE ANYWHERE ON THIS QUESTIONNAIRE AND/OR CALL DIANE CASTO AT 465-1188 (IN JUNEAU) OR 877 393-2287 (OUTSIDE JUNEAU)

		Highly Likely	Likely	Unlikely	Highly Unlikely	Don't Know
7. With the next five statements, please indicate how likely it is that you would talk to a pregnant friend or relative about seeking professional services to help her stop drinking if:						
a)	Your friend or relative drank 1 or 2 alcoholic beverages during her entire pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b)	Your friend or relative drank 1 or 2 alcoholic beverages a month during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	Your friend or relative drank 1 or 2 alcoholic beverages a week during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d)	Your friend or relative drank 1 or 2 alcoholic beverages a day during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e)	Your friend or relative drank 5 or more alcoholic beverages on any one occasion during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. How much do you know about the medical diagnosis called Fetal Alcohol Syndrome?						
		<input type="checkbox"/> I've never heard of FAS	<input type="checkbox"/> I've heard of FAS	<input type="checkbox"/> I know a little bit about FAS	<input type="checkbox"/> I know a lot about FAS	
9. Please indicate how strongly you agree or disagree with the next six statements about Fetal Alcohol Syndrome (FAS):						
a)	People with FAS have a set of birth defects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b)	People with FAS have brain damage.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	People with FAS have mental retardation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d)	People with FAS are affected physically.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e)	People with FAS will outgrow these effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f)	People with FAS have these effects through adulthood.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Please indicate how strongly you agree or disagree with the next six statements about the effects of FAS on a person's capabilities:						
a)	FAS affects a person's motor skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b)	FAS affects a person's memory.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	FAS affects a person's judgement.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d)	FAS affects a person's ability to plan.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e)	FAS affects a person's ability to reason.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f)	FAS affects a person's ability to learn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Please indicate how strongly you agree or disagree with the next three statements about alcohol use and FAS:						
a)	Drinking alcohol during pregnancy can cause birth defects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b)	Currently, the only known cause of FAS is alcohol consumption by a birth mother during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	Fetal Alcohol Syndrome is preventable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

12. Are you aware of any local groups or state agencies who currently provide help with FAS issues in your community? ☐ Yes ☐ No

12a. If yes, who are they? _____

13. Which of these populations do you currently provide services for? (**Please check all that apply**)

children (ages 12 or less)	<input type="checkbox"/> Male <input type="checkbox"/> Female	adolescents (ages 13-18)	<input type="checkbox"/> Male <input type="checkbox"/> Female	adults (ages 19+)	<input type="checkbox"/> Male <input type="checkbox"/> Female
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14. Of the women that you are currently treating for alcohol abuse, what percent have children? %

15. What percent of your current clients do you think may have FAS themselves? %

16. Do you currently have any FAS screening or diagnostic services available in your community? ☐ Yes ☐ No ☐ Don't Know

16a. If yes, who are they? _____

17. Please indicate whether or not you have ever:

	Yes	No
a) Referred a client for an FAS screening or diagnosis?	<input type="checkbox"/>	<input type="checkbox"/>
b) Referred a client's child for an FAS screening or diagnosis?	<input type="checkbox"/>	<input type="checkbox"/>

18. When providing substance abuse treatment for your clients, how often do you:

	Always	Most of the time	Some of the time	Never
a) Inform your pregnant clients about the effects of alcohol on a developing baby?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Recommend an FAS screening for the children of your female clients who have kids?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Recommend an FAS screening for the children of your male clients who have kids?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

19. Please indicate how strongly you agree or disagree with the following statements about your role as a substance abuse counselor:

	Strongly Agree	Somewhat Agree	Somewhat Disagree	Strongly Disagree	No Opinion
a) I feel that I have the appropriate skills and knowledge to deal with clients who have FAS.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) I feel that I have the support of my administration to deal with clients who have FAS.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

20. Where is your main work location (city or village)? _____